



**Sri Jagadguru Renukacharya College of Science, Arts and Commerce**  
**9, Race course Road –Bangalore-09**

### **1. Webinar on Awakening Shakthi**

Women Empowerment Cell as IQAC initiative 10 hours Webinar on Awakening Shakti was organized from Nov 10 to Nov 18, 2020. This program was conducted according to Standard Operating Procedure (SOP) suggested by Karnataka Government during the Covid 19 pandemic to enhance the Inner Strength by Yoga, meditation and good thinking of Faculty. This is a Faculty Welfare Workshop held for 9 days. All the Faculty members participated in these special online programs held every night between 8pm and 9pm from Nov.10 to 18, 2020.

Ms. Guru Roopa Ravindran, Principal, Elements of ART and Heritage Academy (EARTHA), Degree College of performing Arts, affiliated to Bengaluru City University, Bengaluru was the Resource Person for the 9 days. It was a totally special environment in which the body and minds of the participants were conditioned with cleanliness, appropriate dress of particular color for the particular night. It was an enchanting depiction of the nine forms of Goddess Durga, bringing out the Navarasas through Classical Kathak danced to a unique blend of Carnatic and Hindustani Music.

Ms. Guru Ravindran radiated and created warmth and sensual abundance around the Faculty Members. Through her genuine care, her deep practice and decade long experience in guiding others, Guru Roopa healed us, tickled us, loved us and woke us up. Every night webinar comprised of video dance, narration of mythological event, chanting of Mantra of one form of Durga, Yoga and dhyana, and performing special Pooja of 9 forms of Durga. Shailaputri, Brahmcharini, Chandraghanta, Kushmunda, Skandamata, Katyayni, Kalaratri, Mahagauri and Sidhhidhatri forms of Ma Durga were installed in the minds and thoughts of the participants to receive the blessings of Devi Durga and gain stability, happiness, prosperity, wealth and abundance. It is believed that by reciting the powerful **Navratri mantras**, one may accomplish their goals

and fulfill all their desires. The nine day program brought the positive transformation in body and the thought process of the participants.



Guru.Roopa Ravindran



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**2. Youth Red Cross Wing**

The Youth Red Cross wing of our college conducted a health awareness programme on 19/02/2021. Dr. Vijaya Lakshmi Balekundri, Pediatric cardiologist was the guest speaker. She briefed about Education and Health. She focused on how an education can build up health and combination of this can lead a better world with better life.

She also focused on the pandemic situation and ways to overcome the situation by giving the precautions to be followed during the Covid 19. She elaborated on the ethics and morals to be followed in our daily life, which included the basic good habits, food habits, attitude towards life and discipline that can help us to stay healthy.



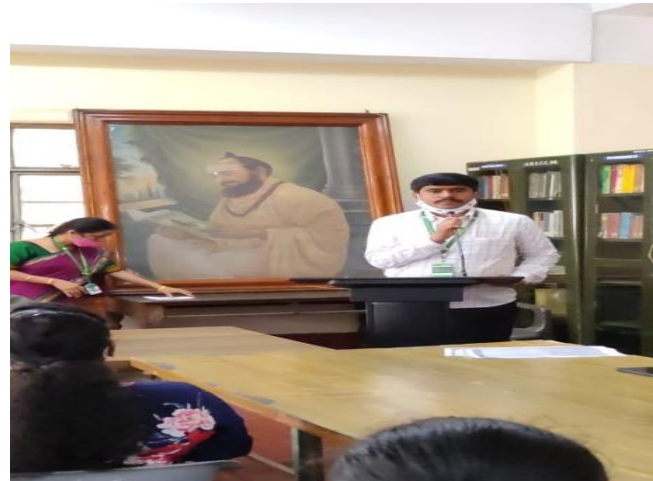


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On 19/01/2021 at 11.30 AM a special talk was organized in the library reference section. The resource person was Sri. Basavaraja Shankara Umarani. He is multitalented visually impaired person. The Principal Dr. M.N.Basavaraju presided over the program. The master of ceremony was Prof.Sathisha.G.C Co-coordinator for Scouts and guides. The program began with an invocation by our students Sneha,Vismitha and Chandrakala. The resource person was introduced by Prof.Mamtha Shalimath from Department of Kannada. This was a program organized by the Scribes association of the college.

The Sri. Shankara has received a Renukacharya award by Rambapoori matta . He can add,subtract,multiply and divide orally any number instantaneously. His efficient in Cricket Commentary. He has received a National Award in 2000 from the department of Human Resource Development. He was invited by the King of Dubai exhibited his talent even in International soil. He became living example and motivated students to understand that physical limitations will not be a endurance for achievements.

The Principal in his presidential remarks advices the students to become achievers by taking inspiration from the resource person. Prof. Vidyashree from Department of Economics proposes the vote of thanks.







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**4. Eco-Club Inauguration Report**

Eco-Club Inauguration was organized in Sri Jagadguru Renukacharya college of Science, Arts and Commerce by Eco-club Committee Members on 07/01/2021 to enrich students with the value of nature.

Session commenced at 11:00 am. The Chief Guest for the day was Dr. K.B Vedamurthy, Honourable President SJRES, Sri Vishwanath Hiremath, Honourable Vice President SJRES, Sri Prabhudev Kalmath Honourable Secretary SJRES and Sri Veerabhadraiah Honourable Treasurer SJRES Session started with watering of the vertical garden.

Dr. K.B Vedamurthy addressed the gathering on Environmental issues happening in and around the globe. Sri Vishwanath Hiremath spoke about importance of plants in mankind. The session ended with vote of thanks.



Watering the plant by Sri Prabhudev Kalmath Honourable Secretary SJRES.



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**5. Webinar on Swasthya Samrakshanam**

The Department of Sanskrit in association with IQAC conducted a webinar on 22/01/2021 on Swasthya Samrakshanam. Dr.Kumudavalli K.R, Associate Professor and Head Department of Sanskrit Vijaya College was the resource person and she emphasized on Physical and Mental health. Also, she explained the importance of Yoga and proper food habits, how to keep body pure and clean by different types of bathing. The session concluded with the assurance from the students that they would take care of their health.





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**6. National Webinar on Farming and Environment**

**SJR COLLEGE OF SCIENCE, ARTS & COMMERCE**  
ANAND RAO CIRCLE, BENGALURU - 560009

IN ASSOCIATION WITH  
**HIVE ACADEMIA**  
ORGANISING NATIONAL WEBINAR ON  
FARMING AND ENVIRONMENT

**NATIONAL LEVEL QUIZ  
COMPETITION ON  
ENVIRONMENTAL CONSERVATION**

JUNE 17, 2021  
11:00 AM - 1:00 PM

ZOOM ID: 87598400259  
PASSWORD: WEBINAR

**Speakers**  
Dr. N. Bharathi,  
Director, Grow More  
Biotech, Hosur

**Chief Guest**  
Mr. Sreekumar  
General  
Manager, IT  
Ashok Leyland

**Speakers**  
Mr. N. Dharmalingam,  
Founder of Kamadhenu  
Natural Farms, Mulabagalu

**Prof. C.P. Usha Rani,**  
IQAC Co-ordinator

**Sri Sai Ramana,**  
Founder, Hive  
Academia

**Dr. Basavaraju. M.N.**  
Principal

SJR College in association with HIVE ACADEMIA organized National Webinar on Farming and Environment on July 17, 2021 between 11am and 1pm. Chief Guest Mr.Sreekumar, General Manager, IT, Ashok Leyland inaugurated the webinar. Two speakers were invited to speak on Farming and Environment. Dr.N.Bharathi, Director, Grow More Biotech, Hosur spoke on Fast Growing Bamboo, its benefits as absorbent of Carbon dioxide and emitter of oxygen and its capacity to hold water. Another Speaker Mr.N.Ramalingam, Founder of Kamadhenu Natural Farms, Mulabagalu spoke on generic information on farming. Problems of farmers and Rain water conservation in farming. SJR College students are given the

opportunity to plant five saplings on a special occasion decided by the NSS Program Officer. After the Webinar, a National Level Quiz on Environmental Conservation was conducted