



**SRI JAGADGURU RENUKACHARYA COLLEGE
OF SCIENCE, ARTS AND COMMERCE**
#9, Race Course Road, Bengaluru –560009

Title of the event: Celebration of International Women’s Day

Date : **09.03.2020**

Time : 10.30.am

Resource Person: Ms.Kavitha Mishra

Participants : Students and Staff (50)

It was special program where Ms.Kavitha Mishra, an agriculturist from Raichur was the chief guest. The program started with invocation by Ms.Tarika P. Then welcome speech by convener Ms.Sujata M. Naik. Then there was Light Lamping by Chief Guest., followed by guest introduction by Ms. Mamatha Salimath.

Mrs. Kavitha Mishra spoke about the modern way of growing the traditional agriculture crops. She emphasized on Indian women taking up challenges in the area of agriculture by growing seasonal based crops.

She spoke about the benefits of multiple cropping and integrated cropping. She has developed technologies for securing sandalwood trees with the help of GPRS chips.

She spoke about the challenges faced in her journey as a progressive farmer. The students were inspired by her motivational speech

Then there was Presidential remarks by Principal. This was followed by Vote of Thanks.

The program concluded with National Anthem.



Convener
Women Empowerment Cell



Principal



**SRI JAGADGURU RENUKACHARYA COLLEGE
OF SCIENCE, ARTS AND COMMERCE**
#9, Race Course Road, Bengaluru –560009

Women Empowerment Cell

- Title of the event:** Special lecture on “**Gender Sensitization**”
- Date** : 22/01/2020
- Time** : 12.30.p.m
- Resource Person:** Ms.Revathi a transgender.
- Participants** : Students and Staff (50)
- Objective** : To create awareness on “**Gender sensitization**”

It was a special event where two transgender were the chief guests and Ms.Revathi,a transgender and Ms.Uma both activists.

Speaker Uma,a transgender spoke about gender identity, gender discrimination. She also discussed about various communities of society, problems faced by transgender community. She spoke about the experience of working with different NGOs, and ‘Jeeva’ a trust which works for rights and legal challenges of sexual minorities.

Another speaker Revathi A. spoke about her childhood experience, various barriers from society, the humiliation and physical assault to which she was exposed.

After this there was an interactive session with speakers and students. Many questions were raised about reservation, legal support to be extended to the community.

This was followed by vote of thanks.The event concluded with National anthem



Convener
Women Empowerment Cell

Principal



SRI JAGADGURU RENUKACHARYA COLLEGE OF SCIENCE, ARTS AND COMMERCE

#9, Race Course Road, Bengaluru –560009

Title : A Talk on Health and Nutrition

Venue : M.Com Seminar Hall

Time : 1.0 P.M

Date : 4 -2-2020

Women empowerment cell had organized a talk on health and nutrition on 4 -2-2020, Tuesday in M Com Seminar Hall, at 1:00 p.m.

The speaker for the day was Dr. Nikita Rajeev MBBS M.S. (Obstetrics & Gynaecology).

Senior Registrar, Department of Obstetrics & Gynaecology, Apollo Hospital.

The session was started by Ms.Sujatha Naik, Convener, Women Empowerment cell, SJRCAAC, with an introduction about the speaker. Later the program was addressed by the Principal, SJR College for Science, Art & Commerce, Bengaluru.

Later on, the program was taken over by Dr. Nikita Rajiv & she started the session with various nutritious food needed for the healthy lifestyle of women with the help of various examples and health food pyramid. She advised the audience about having good food habits in and on time, the speaker had continued the program with the various health hygiene a woman must follow during her menstrual cycle.

The event finally concluded with an interactive session. Dr. Nikitha Rajiv clarified the doubts of the women audience by giving satisfying answers relating to healthy food habits and problems relating to the menstrual cycle.



Convener
Women Empowerment Cell

Principal