

NAAC Accredited Institution Affiliated to Bengaluru City University #9, Race Course Road, Bangalore-560009



## NATIONAL SERVICE SCHEME 2020-21

Title of the event: A Report on Gandhi Jayanti

Date: 02.10.2020

Time: 10.00am

Resource Person: Mr. Puttanna,

Participants: 38

Objective: celebration of Gandhi jayanthi and sensitize the students on nation values

Gandhi Jayanti was celebrated in Mahavidyalaya on 02.10.2020. Mr. Puttanna, former members of the Legislative Council, President of the College Faculty Association, Principal of the Mahavidyalaya Dr. Basavaraju MN, Program Officers Dr. Manjunath T and faculty and non-teaching staff of the Mahavidyalaya participated in the program. The guest garlanded to the statue of Gandhi in the college premises. The chief guest, Puttanna, spoke on "Gandhiji Values-A Thought" Mahatma Gandhi was a man of the age. "His principles and values are timeless."

The principal of the college said, "Gandhiji's struggle and his theories had their own influence in the freedom history of the country. The first impact he had on the country was his policies on cleanliness and sanitation. The insight he had about cleanliness.





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## NATIONAL SERVICE SCHEME 2020-21

Title of the event: A Report on Adventure training and sport climbing

Date: 02.01.2021

Time: 08.00am

Participants: 04

Objective: To introduce the knowledge on Adventures sports to students.

Karnataka Government Youth Empowerment and Sports Department State Level Youth Festival 2020-21 Virtual Program was organized on Date: 2 January 2021. This program was graced by Hon'ble Chief Minister Shri B.S. Yeddyurappa inaugurated it. In this NSS program officers of our college, Dr. T. Manjunath and four students participated.

After the inaugural program, a one-day workshop on "Adventure training and sport climbing" was organized at the premises of Youth Empowerment and Sports Department, Nripatunga Road. Rajendra S, Tertiary B. Com, Pratapa P, Tertiary BA, Kavya KC, Second B.B.A., Khushi Bhousle S, Second B.A students participated in this on behalf of our college. He received 'adventure and climbing' training from national level trainers. The trainers introduced the campers who participated in the workshop to the equipment used in adventure activities and its folds. They all eagerly grasped them at high speed.







(A picture of our college volunteers training)

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(Standing from left are Pratap P, Khushi Bownsle, Rajendra Prasad, S, program officers Dr. Manjunath. T and student Kavya K. C)

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## NATIONAL SERVICE SCHEME 2020-21

Title of the event: A Report on "Swami Vivekananda Jayanthi and National Youth Day-2021"

Date: 12.01.2021

Time: 11.00

Resource Person: Dr. B. P. Mahesh

Participants: 38

Objective: Celebration of Vivekananda jayanthi and to awaken the youth power for better of

society.

"Swami Vivekananda's 158th Birth Anniversary and National Youth Day" was celebrated in our college on 12.01.2021. Principal of SJR Law Vidyalaya, Dr. B.P. Mahesh was the chief guest and delivered a special lecture. The program was presided over by the principal of our college, M.N. Basavaraju M.N. NSS program officers Dr. Manjunath T received everyone warmly. He also introduced the philosophy of SwamiVivekananda.

Dr. B. P. Mahesh said, "Swami Vivekananda, in his 4-minute speech in the city of Chicago, Swami Vivekananda removed the misconception about India among the people of the world. The next day, the American press focused on Vivekananda's meeting. They wrote that it would be foolish to send people to teach the lessons of civilization to a country like India, which he represented. Such was Swamiji's power of speech. He had an eloquence that could conquer the whole world." He said.

In the middle of the program, a clip of Vivekananda's Chicago speech was played to the audience. Students and faculty members were actively participated in the program.



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## NATIONAL SERVICE SCHEME

Title of the event: A Report on "Covid-19 Awareness Program"

Date: 18.01.2021

Time: 11.00am

Participants: 50

Objective: To bring an awareness on Covid-19 pandemic

The Department of Health and Family Welfare, Government of Karnataka published many posters containing very important information. A campaign to promote these posters among the people was launched in collaboration with the State NSS Cell of the Department of Youth Empowerment and Sports. Thus, the aim of the campaign was to make the necessary preparations very effective to create awareness among the people.

The college took the initiative; Posters were given to the students. Students were instructed to paste them in high- traffic areas. Accordingly, they were pasted in places where students congregate in large numbers such as parks, near roadside toilets, near bus stops, near shop fronts.

More than 50 people participated in the poster pasting in this campaign, which started in the college. Dr. Basavaraju M.N, the principal of the college, initiated this program. Program officers Dr. Manjunath T gave appropriate guidance to the students. The program was successful.



(Volunteers are ready to put up the posters brought out by the government to create awareness about Covid-19 at various places.)

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(College students making police aware of Covid-19.)

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## NATIONAL SERVICE SCHEME 2020-21

Title of the event: A Report on "Societal Nutrition Priority Is the Future to Combat Infections & Conserve Total Health"

Date: 22.01.2021

Time: 10.00am

Resource Person: Dr. H. B. Shivaleela

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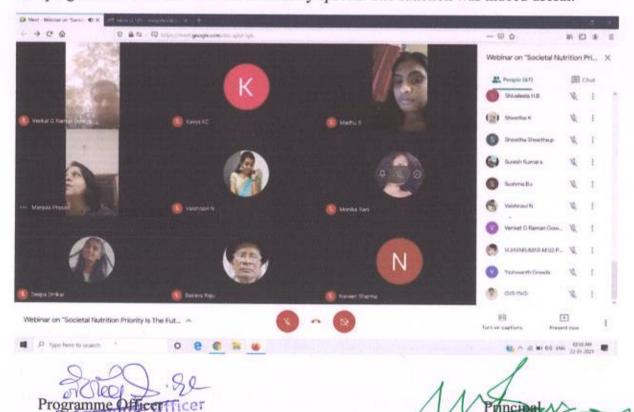
of Science, Arts and Commerce # 9, Race Course Road, Bengaluru-560 009.

Participants: 47

Objective: To bring awareness on Nutrition for balanced diet.

A webinar on societal nutrition was conducted on 22.01.2021 at 10.00 am Webinar started with invocation song and then Principal, Dr. M. N. Basavaraju, inaugurated the program. Ms. Mahadevamma. S. Assistant Professor, Departof Botany introduce the resource person. 47 students and faculty of the college were participated in the program.

Dr. H. B. Shivaleela, who was the resource person, spoke about "If we implement a balanced protein and protective food of regional high value, not only for quick recovery from the disease, but also in the future, the strength to face such unwanted harmful germs will be formed and developed in our body. Some of the foods that need to be taken for the development of this protective qualitative body are the natural wealth given to us by God. The program officer concludes the valedictory speech. The function was indeed useful.



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## NATIONAL SERVICE SCHEME 2020-21

Title of the event: A Report on "Fit India Triathlon-2021"

Date: 22.02.2021

Time: 8.00am

Participants: 20

Objective: Importance of fit India among the students.

The campaign aims to encourage people to engage in physical activity and sports in their daily lives. It is special to do the campaign every year on National Sports Day. In order to continue this campaign, this year too, under the leadership of Sports Minister Kiren Rijiju, a program was organized at the Lal Bagh West Gate.

Union Sports Minister Kiren Rijiju and Bangalore South LokSabha Member Mr. Tejaswi Surya and more than ten NSS students and program officers of the college participated in this program as chief guests.

After that, the chief guests present in the program and all the NSS volunteers who were present ran a round in Lal Bagh. Others came for a round on bicycles.



(The Union Sports Minister Shri Kiran Bijiju and MP Shri Tejaswi Surya and other dignitaries participated.)

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(Students and program officers of our college participated in the program.)

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Sri Jagadguru Renukacharya College of Science, Arts & Commerce

Principal



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## NATIONAL SERVICE SCHEME 2020-21

Title of the event: A Report on International Yoga Day 2021

Date: 21.06.2021

Time: 9.00am

Resource Person: Mrs. Chaithra M

Participants: 28

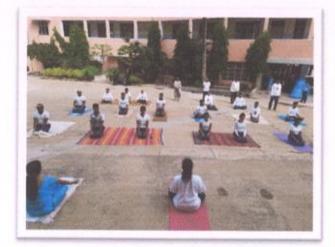
Objective: Importance of yoga for better healthy life.

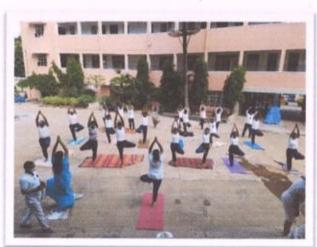
The International Yoga Day 2021was celebrated on 21.06.2021, with the theme '

'Yoga for Yoga's sake'. Yoga brings mental fortitude during the current pandemic.

NSS Unit and Yoga Unit of the college organized a yoga program in the premises. The covid-19 rules were followed compulsorily. Mrs. Chaitra taught few yoga for the students and faty.

The NSS unit organized a state level quiz program. Students and faculty of many colleges and universities were participated in this program.





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## NATIONAL SERVICE SCHEME 2020-21

Title of the event: A Report on "Fit India Freedom Run 2.0"

Date: 14.08.2021

Time: 9.00 am

Participants: 25

Objective: To bring awareness on fit India program.

The Ministry of Youth Affairs and Sports was organized the Fit India Freedom Run 2.0 across the country as part of the India Independence Day celebrations (India@75). The campaign was launched on August 13 by Sports Minister Shri Anurag Singh Thakur. He has given call to everyone to participate and work hard to make the freedom race successful for a strong India. Accordingly, Fit India Freedom Run 2.0 program was organized in our university on 14.08.2021. Principal Dr.S.Kantharaju, program officers Dr.Manjunath T, NSS students and others attended the program.

Principal Dr.S.Kantharaju said, "As we celebrate 75 years of Independence, we must resolve for a strong and healthy India. Because only a strong and healthy India can build a strong India. Therefore, I urge everyone to participate in the nationwide Fit India Freedom Run 2.0 and make it a people's movement," he said in his message to the students.

After that, everyone ran for about 5 km. We uploaded it to https://fitindia.gov.in Govt. of India web portal and got the certificates.





Programme Officer
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National Service Scheme
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of Science, Arts & Commerce
Bengaluru-560 009.

Principal