

SRI JAGADGURU RENUKACHARYA COLLEGE OF SCIENCE, ARTS AND COMMERCE
#9 Race Course Road, Bengaluru – 560 009

NAAC Accredited Institution

YOUTH RED CROSS WING

Activities conducted during the year 2021-2022

SL.No.	Date	Activity
1.	08.06.2021	Oriented the students about Youth Red Cross
2.	10.11.2021	Students enrolment
3.	30.11.2021	Covid-19 -Protect Yourself and those around you.
4.	27.12.2021	Awareness Programme on Importance of Blood Donation
5.	28.12.2021	Blood Donation Camp 2021
6.	13.01.2022	Pick and Speak and Collage Competition on "Health and Wellness "on account of Vivekananda Jayanthi and National Youth Day.
7.	27.04.2022	Awareness programme on "Health and Hygiene" at Suradhenupura village, Yelahanka.
8.	29.04.2022	"Free Health Check-Up" at Suradhenupura village, Yelahanka.
9.	01.08.2022	One-to-one session on "Healthy Life Style Management and Eating Habits" and "Women Health and Personal Hygiene".
10.	02.08.2022	General Free Health Check-Up Camp



ESTD : 1945

OSJR

Sri Jagadguru Renukacharya Education Society®

ಎಸ್. ಜಿ. ಆರ್. ವಿಜ್ಞಾನ, ಕಲಾ ಮತ್ತು ವಾಣಿಜ್ಯ ಪಹಾವಿದ್ಯಾಲಯ

College of Science, Arts & Commerce

Affiliated to Bangalore Central University &
NAAC Accredited Institution, College with Potential for Excellence (CPE)

9, Race Course Road, near Ananda Rao Circle, Bengaluru-560 009.

Phone: 080-22264952, E-mail: principal@sjrc.edu.in Website: www.sjrc.org.in

Youth Red Cross Wing

Advisory Committee Members

2021-22

Sl. No.	Name	Department	Designation	Signature
1	Ms. Shobha Rani R Assistant Professor	Commerce	Convener	
2	Ms. Dakshayani S S Asst. Professor	Zoology	Member	
3	Mr. Sathisha G C Asst. Professor	Kannada	Member	
4	Ms. Reshma B Asst. Professor	Commerce	Member	
5	Ms. Anusha S Asst. Professor	Computer Science	Member	
6	Mr. Kanthareddy C Phy. Edu. Dir.	Physical Education	Member	
7	Swetha. J	B. Com	student member	
8.	Dakshayani. s	B. Com	student member	

Shobha Rani R
Programme Officer
Youth Red Cross Wing
Programme Officer
Youth Red Cross Wing
Sri Jagadguru Renukacharya College
of Science, Arts and Commerce
9, Race Course Road, Bengaluru-560 009.

Principal
PRINCIPAL
Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.



ESTD : 1945

OSJR

Sri Jagadguru Renukacharya Education Society™

ಎಸ್. ಜಿ. ಆರ್. ವಿಜ್ಞಾನ, ಕಲಾ ಮತ್ತು ವಾಣಿಜ್ಯ ಮಹಾವಿದ್ಯಾಲಯ
College of Science, Arts & Commerce

Affiliated to Bangalore Central University &
NAAC Accredited Institution, College with Potential for Excellence (CPE)

9, Race Course Road, near Ananda Rao Circle, Bengaluru-560 009.

Phone: 080-22264952, E-mail: principal@sjrc.edu.in Website: www.sjrc.org.in

Youth Red Cross Wing

Advisory Committee Members

2021-22

Sl. No.	Name	Department	Designation	Signature
1	Ms. Shobha Rani R Assistant Professor	Commerce	Convener	
2	Ms. Dakshayani S S Asst. Professor	Zoology	Member	
3	Mr. Sathisha G C Asst. Professor	Kannada	Member	
4	Ms. Reshma B Asst. Professor	Commerce	Member	
5	Ms. Anusha S Asst. Professor	Computer Science	Member	
6	Mr. Kanthareddy C Phy. Edu. Dir.	Physical Education	Member	
7	Swetha. J	B. Com	student member	
8.	Dakshayani. s	B. Com	student member	

Shobha Rani R
Programme Officer
Youth Red Cross Wing
Programme Officer
Youth Red Cross Wing
Sri Jagadguru Renukacharya College
of Science, Arts and Commerce
9, Race Course Road, Bengaluru-560 009.

Principal
PRINCIPAL
Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.



ESTD : 1945

OSJR

Sri Jagadguru Renukacharya Education Society[®]

ಎಸ್. ಜೆ. ಆರ್. ವಿಜ್ಞಾನ, ಕಲಾ ಮತ್ತು ವಾಣಿಜ್ಯ ಮಹಾವಿದ್ಯಾಲಯ

College of Science, Arts & Commerce

Affiliated to Bangalore Central University &

NAAC Accredited Institution, College with Potential for Excellence (CPE)

9, Race Course Road, near Ananda Rao Circle, Bengaluru-560 009.

Phone: 080-22264952, E-mail: principal@sjrc.edu.in Website: www.sjrc.org.in

Youth Red Cross Wing 2021-22

10-11-2021

Circular

All the advisory committee members are requested to attend the meeting in the Principal Chamber on Thursday, 11-11-2021 at 1:30 pm.

Agenda:

1. Enrolment of students
2. Plan of activities

Sl. No.	Name	Department	Designation	Signature
1	Ms. Dakshayani S S Assistant Professor	Zoology	Member	
2	Mr. Satisha G C Assistant Professor	Kannada	Member	
3	Ms. Reshma B Assistant Professor	Commerce	Member	
4	Mr. Kanthareddy C Physical Education Director	Physical Education Department	Member	
5	Ms. Swetha J	I B.Com.	Student Member	
6	Ms. Dakshayani S	I B.Com.	Student Member	

Shobha Rani R

Programme Officer
Youth Red Cross Wing
Sri Jagadguru Renukacharya College
of Science, Arts and Commerce
9, Race Course Road, Bengaluru-560 009.

Principal

PRINCIPAL
Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.



SJR

Sri Jagadguru Renukacharya Education Society[®]

ಎಸ್. ಜೆ. ಆರ್. ವಿಜ್ಞಾನ, ಕಲಾ ಮತ್ತು ವಾಣಿಜ್ಯ ಮಹಾವಿದ್ಯಾಲಯ
College of Science, Arts & Commerce

Affiliated to Bangalore Central University &

NAAC Accredited Institution, College with Potential for Excellence (CPE)

9, Race Course Road, near Ananda Rao Circle, Bengaluru-560 009.

Phone: 080-22264952, E-mail: principal@sjrc.edu.in Website: www.sjrc.org.in

Youth Red Cross Wing 2021-22

Date : 11-11-2021

Time : 1:30 pm

Venue: Principal Chamber

Agenda:

1. Enrolment of students
2. Plan of activities

Members attended

Sl. No.	Name	Designation	Signature
1	Ms. Dakshayani S S	Member	
2	Mr. Satisha G C	Member	
3	Ms. Reshma B	Member	
4	Mr. Kanthareddy C	Member	
5	Ms. Swetha J	Student Member	
6	Ms. Dakshayani S	Student Member	

Minutes:

- ❖ Enrolment of Youth Red Cross volunteer stream wise
- ❖ Planned to organize Youth Red Cross Wing orientation programme on 4th Week of November, 2021.
- ❖ Discussed on Plan of activities for the year 2021-22.
 - Enrolment of 03 Youth Red Cross volunteers 3rd week of November 2021.
 - First aid training programme on 2nd week of December, 2021.
 - Blood donation camp on 1st week of April, 2022.
 - Health awareness talk on 1st week of May 2022.

Shobha Rani R
Programme Officer
Youth Red Cross Wing
Sri Jagadguru Renukacharya College
of Science, Arts and Commerce
9, Race Course Road, Bengaluru-560009.

Principal
PRINCIPAL
Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.



SJR

Sri Jagadguru Renukacharya Education Society™

ಎಸ್. ಜೆ. ಆರ್. ವಿಜ್ಞಾನ, ಕಲಾ ಮತ್ತು ವಾಣಿಜ್ಯ ಮಹಾವಿದ್ಯಾಲಯ
College of Science, Arts & Commerce

Affiliated to Bangalore Central University &

NAAC Accredited Institution, College with Potential for Excellence (CPE)

9, Race Course Road, near Ananda Rao Circle, Bengaluru-560 009.

Phone: 080-22264952, E mail: principal@sjrc.edu.in Website: www.sjrc.org.in

Youth Red Cross Wing 2021-22

24-12-2021

Circular

All the advisory committee members are requested to attend the meeting in the Library Reference hall on Saturday, 25-12-2021 at 1:30 pm.

Agenda:

1. Blood donation camp.

Sl. No.	Name	Department	Designation	Signature
1	Ms. Dakshayani S S Assistant Professor	Zoology	Member	
2	Mr. Satisha G C Assistant Professor	Kannada	Member	
3	Ms. Reshma B Assistant Professor	Commerce	Member	
4	Mr. Kanthareddy C Physical Education Director	Physical Education Department	Member	
5	Ms. Swetha J	I B.Com.	Student Member	
6	Ms. Dakshayani S	I B.Com.	Student Member	

Shobha Rani R

Programme Officer

Youth Red Cross Wing

Sri Jagadguru Renukacharya College
of Science, Arts and Commerce
9, Race Course Road, Bengaluru-560009.

Principal

PRINCIPAL

Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.



SJR

Sri Jagadguru Renukacharya Education Society®

ಎಸ್. ಜೆ. ಆರ್. ವಿಜ್ಞಾನ, ಕಲಾ ಮತ್ತು ವಾಣಿಜ್ಯ ಮಹಾವಿದ್ಯಾಲಯ
College of Science, Arts & Commerce

Affiliated to Bangalore Central University &

NAAC Accredited Institution, College with Potential for Excellence (CPE)

9, Race Course Road, near Ananda Rao Circle, Bengaluru-560 009.

Phone: 080-22264952, E-mail: principal@sjrc.edu.in Website: www.sjrc.org.in

Youth Red Cross Wing 2021-22

Date: 25-12-2021

Time: 2:30 pm

Venue: Reference hall

Agenda:

1. Blood donation

Members attended

Sl. No.	Name	Designation	Signature
1	Ms. Dakshayani S S	Member	
2	Mr. Satisha G C	Member	
3	Ms. Reshma B	Member	
4	Mr. Kanthareddy C	Member	
5	Ms. Swetha J	Student Member	
6	Ms. Dakshayani S	Student Member	

Minutes:

- ❖ Blood donation camp is organized in association with Red Cross Society.
- ❖ Conduct of Blood donation awareness Programme to motivate the students to donate blood on 27-12-2021.
- ❖ Planned to organize Youth Red Cross Wing orientation programme on 4th Week of November, 2021.
- ❖ Decided the venue of the camp at Reference hall.

Shobha Rani R

Programme Officer

Youth Red Cross Wing

Sri Jagadguru Renukacharya College
of Science, Arts and Commerce

9, Race Course Road, Bengaluru-560 009.

Principal

PRINCIPAL

Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.



**SRI JAGADGURU RENUKACHARYA COLLEGE
OF SCIENCE, ARTS AND COMMERCE**
#9, Race Course Road, Bangalore - 560 009

YOUTH RED CROSS WING 2021-2022

Awareness Programme on Blood Donation

Title of the event: Awareness Programme on Blood Donation

Date: 27/12/2021

Time: 11:00 a.m.

Resource Person: Dr. Naresh Babu & Mrs. Reshma Rai, Indian Red Cross Society, Bengaluru

Participants: 300 students

Outcome: 129 units of blood were collected

Objective:

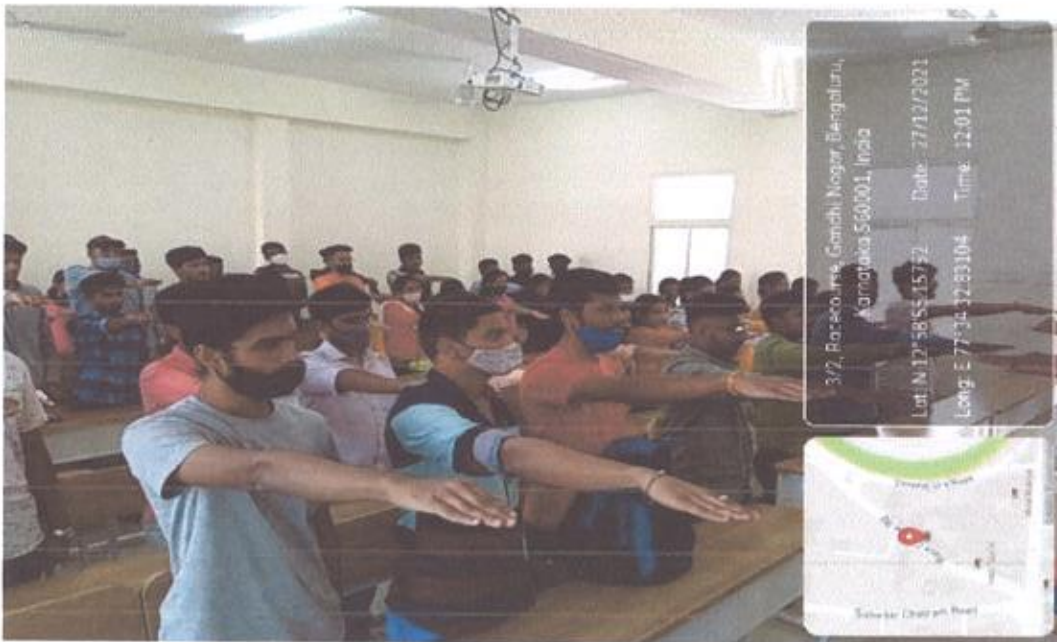
- To create awareness about blood donation among students
- A considerable percentage of students have low awareness and negative attitude towards blood donation. The low awareness and negative attitude towards blood donation can be considered as important factors contributing to the lack of interest and poor participation in blood donation among student's community. Therefore, there is a critical need for training and culture building activities and programs in order to increase awareness among students and improve their attitude towards blood donation.

On 27.12.2021 Monday, 11.00 a.m. Dr. Naresh Babu and Mrs. Reshma Rai, principal Lt. Dr. S Kantharaju and Youth Red Cross Programme officer Shobha Rani R went to each class and created awareness among the students about the importance of Blood donation. They said that blood is a vital component of the human body. Since it cannot be synthesized artificially, and can only be obtained from human resources.

Inspiring the students to donate the blood and educating them about the significance of donating blood by showing videos and posters and also motivated the students to donate blood regularly on voluntary basis, to take all necessary steps for spreading awareness about the importance of blood donation not only for the recipient but also for the donor. This could be a motivating factor. Making students aware of recent findings, like frequent and long-term blood donation is associated with a lower risk of cardiovascular events in donors. It can motivate them to be regular donors. This programme created awareness on blood donations among the entire student's community.

Shobha Rani. R
Programme Officer
Youth Red Cross Wing
Sri Jagadguru Renukacharya College
of Science, Arts and Commerce
9, Race Course Road, Bengaluru-560 009.

Lt. Dr. S Kantharaju
PRINCIPAL
Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.



Shobha Rani R.

Shobha Rani. R.

Programme Officer
Youth Red Cross Wing
 Sri Jagadguru Renukacharya College
 of Science, Arts and Commerce
 # 9, Race Course Road, Bengaluru-560009.

S. Kantharaju

Lt. Dr. S Kantharaju

PRINCIPAL
 Sri Jagadguru Renukacharya College
 of Science, Arts & Commerce
 Bengaluru-560 009.



**SRI JAGADGURU RENUKACHARYA COLLEGE
OF SCIENCE, ARTS AND COMMERCE**
#9, Race Course Road, Bangalore - 560 009

YOUTH RED CROSS WING 2021-2022

BLOOD DONATION CAMP

Name of the activity: Blood donation camp

Date of activity: 28.12.2021

Name of the committee: Youth Red Cross Wing

Name of the Association: Indian Red Cross Society, Bengaluru

Place of the activity: SJR College of Science, Arts and Commerce, Reference Hall.

Blood Donors: 129 students

Total units collected 129 Units of Blood.

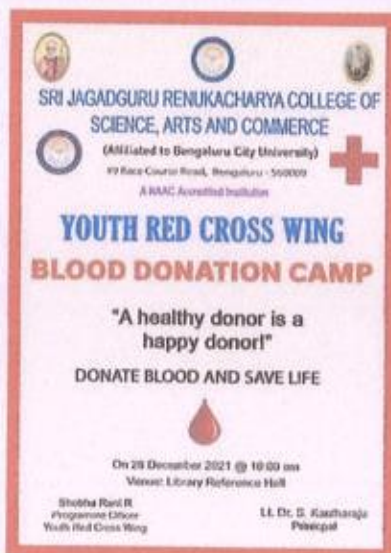
Objectives: It was an effort to motivate students to come forward and donate blood for this noble cause.

Youth Red Cross Wing of our college conducted a voluntary blood donation camp, in association with Indian Red Cross Society, on 28.12.2021, Tuesday at 10.00 a. m. Dr. Naresh Babu, Medical Officer, IRCS, KSE Bengaluru and Mrs. Reshma Rai, Blood center counsellor, IRCS, KSB Bengaluru, inaugurated the camp. Dr Manjula presided the programme.

The camp was commenced by garlanding the Lord Renukacharya. A team of 10 doctors and nurses of Indian Red Cross Society came for collection of blood.

Indian Red Cross Society doctors appreciated the donors and spoke about the significance of such donations. There was an overwhelming response from students. About 189 students and faculty registered for blood donation, out of which, 129 candidates were able to donate blood as the donors went through a series of medical check-ups before donating blood. Being weak and under-nourished 60 students were rejected. A Certificate of appreciation and refreshments were distributed to each donor for the service to humanity.

Dr. Naresh Babu stressed on the growing need of blood in the state and commended the young volunteers for their noble act. Shobha Rani R Youth Red Cross Programme officer addressed the gathering that Blood cannot be synthesized it only comes from generous donors to save the society and humankind and we should come forward for this Noble cause.



Programme Officer
Youth Red Cross Wing
Shobha Rani R
Sri Jagadguru Renukacharya College
of Science, Arts and Commerce
#9, Race Course Road, Bangalore - 560 009

PRINCIPAL
Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bangalore - 560 009
Lt. Dr. S. Kantharaju




PRINCIPAL
Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.

KARNATAKA RED CROSS BLOOD CENTRE

(A Unit of Indian Red Cross Society)

Karnataka State Branch

Lic. No : KTK / 28C / 187 / 2006

NAME OF THE ORGANIZATION :

28/12/2021 S J R COLLEGE ANANDRAO CERCAL

NAME OF THE ORGANIZER :

CAMP NO : 526

CAMP DATE : 28/12/2021

SR	M/F	Group	Donor Name	Address	City/Village	Mobile No
1	M	A + Ve	ABHISHEK S PAWAR	#23 NETAJI CIRCLE	MATHIKERE	6362235953
2	M	A + Ve	JAYANTH K	#17/6 6TH CROSS 3RD BLOCK	GORAGUNTE PALYA	8880307042
3	M	A + Ve	NIKILA M	#G9 PWC	MARASANDRA	9110487294
4	M	A + Ve	KIRAN R	#129/1 2ND MAIN NAGENDRA GARDEN	SHESHADRIPURAM	7483541196
5	M	A + Ve	BALAMURUGAN G	#14/8 OPP RAGHAVENDRA TEMPLE MAGADI MAIN ROAD	MANJUNATH NAGAF	7406799512
6	M	A + Ve	SOMESHEKHAR C	# 22 NARAYANA NILAYA MYTHRI BAZAR	GANGAMMA LAYOU	9108915129
7	M	A + Ve	ADITYA S	#62 10 CROSS WDC ROAD	RAJAJINAGAR	9591947772
8	M	A + Ve	SIDDARAJU R	41779 4TH CROSS 9TH MAIN PRAKASH NAGAR		8197062293
9	M	A + Ve	SUNIL R R	#578 /101 7TH B CROSS PRAKASHNAGAR		8867922761
10	M	A + Ve	ABHISHEK T	#578 10 7TH C B CROSS DWARAKANAGAR		636591221
11	M	A + Ve	SURAJ H M	#1 1ST FLOOR K K LANE 2ND CROSS	COTTON PET	7676487935
12	M	A + Ve	JAYANTH B	#64 4TH CROSS	SRIRAMPURAM	9513149796
13	M	A + Ve	YASHWANTH B	#103 4TH MAIN 2ND CROSS	GOVINDARAJ NAGA	9739534532
14	M	A + Ve	DHANUSH RAJ M	#33 1ST MAIN 8TH CROSS J C NAGAR	KURUBHARAHALLI	7259476052
15	M	A + Ve	MOHITH GOWDA N	#372 9TH CROSS MALATHAHALLI	SANJAY NAGAR	7676626248

Wednesday, January 5, 2022

Page 1 of 9

Technician : _____

Signature : _____

B.B.M.O :

Signature :

PRINCIPAL
Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.

KARNATAKA RED CROSS BLOOD CENTRE

(A Unit of Indian Red Cross Society)

Karnataka State Branch

Lic. No : KTK / 28C / 187 / 2006

NAME OF THE ORGANIZATION :

28/12/2021 S J R COLLEGE ANANDRAO CERCAL

CAMP NO : 526

NAME OF THE ORGANIZER :

CAMP DATE : 28/12/2021

SR	M/F	Group	Donor Name	Address	City/Village	Mobile No
16	M	A + Ve	ABHISHEK K	#411 7TH CROSS 2ND MAIN KAVERIPURA	KAMAKSHI PALYA	9353711197
17	M	A + Ve	MANU P	#436 1ST CROSS	HEBBALA	8088030198
18	M	A + Ve	GOWTHAM V	#123 OKLAIPURAM		9742423289
19	M	A + Ve	GOPINATH C	#36 5TH MAIN 6TH CROSS SWATHANTRA PALYA	SRIRAMPURAM	8884387978
20	M	A + Ve	MANJU D	#9/1 6TH CROSS 2ND A MAIN	RAMACHANDRAPUF	8553215964
21	M	A + Ve	PAVAN N	#03 DEVANAPALYA	DASANAPURA	7337716265
22	M	A + Ve	SANJAY KUMAR S	#14/4 POLICE QUATRES	ANANDRAO CIRCLE	8296708217
23	M	A + Ve	KOUSHIK P G	#3 1ST CROSS BEHIND GANESHA TEMPLE	CHOLUR PALYA	8431280631
24	M	A + Ve	KIRAN KUMAR R	RAJEEV GANDHI LAYOUT SHIVANAPURA COLONY BASAVAPURA	NELAMANGALA	6360569485
25	M	A + Ve	SIDDARTHA S	#58 1ST MAIN GANGAPPA GARDEN	K P AGRAHARA	9148323590
26	F	A + Ve	HARSHITHA M A	#327 N C ROAD	MANJUNATH NAGAF	9019546690
27	M	A + Ve	DHANUSH KUMAR B S	MAGADI MAIN ROAD	BYADARAHALLI	9591508439
28	M	A + Ve	V KARTHIK	#99 12TH CROSS	L N PURAM	8431655839
29	M	A + Ve	BHARATH S	SWAMI VIVEKANANDA METRO STATION	BAIYAPPANAHALLI	9663048574
30	M	AB + Ve	JAYANTH R	#42/43 CKC GARDEN 1ST MAIN 1ST CROSS BEHIND CANARA BANK	MISSION ROAD	9844660871

Wednesday, January 5, 2022

Programme Officer

Page 2 of 9

Technician : _____

Signature : _____

Dr. S. S. Srinivas
Youth Red Cross Wing
Jagadguru Renukacharya College
of Science, Arts and Commerce
Race Course Road, Bengaluru-560009.

PRINCIPAL
Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.

KARNATAKA RED CROSS BLOOD CENTRE

(A Unit of Indian Red Cross Society)

Karnataka State Branch

Lic. No : KTK / 28C / 187 / 2006

NAME OF THE ORGANIZATION : 28/12/2021 S J R COLLEGE ANANDRAO CERCAL
NAME OF THE ORGANIZER :CAMP NO : 526
CAMP DATE : 28/12/2021

SR	M/F	Group	Donor Name	Address	City/Village	Mobile No
31	F	AB + Ve	MAHALAKSHMI B S	#151 1ST CROSS BEHIND MARAMMA TEMPLE	YELHANKA	8295623911
32	M	AB + Ve	SUSHITHS S	#8 2ND MAIN 3RD CROSS MES ROAD BAHUBALLI NAGAR	JALAHALLI	8861395672
33	M	AB + Ve	AKASH G	#10 7TH MAIN AGRAHARA DASARAHALLI		9606182615
34	M	AB + Ve	MANOJ N	#52/2 2ND CROSS 3RD MAIN GROUND FLOOR	SRIRAMPURAM	8095246641
35	M	AB + Ve	SURATH RAIKAL	CID QUATRES NEAR MAHARANI COLLEGE	PALACE ROAD	8884453463
36	M	AB + Ve	PRAJWALKUMAR S	#723 19TH CROSS OPP PARK	MANJUNATH NAGAR	7337820426
37	M	B + Ve	PRAJWAL S	#3504/B C BLOCK	GAYATHRI NAGAR	9148435353
38	M	B + Ve	SURYA N	#11 5TH CROSS 9TH MAIN MAGADI ROAD	K P AGRAHARA	9620624714
39	M	B + Ve	SHIVA M	#55 2ND MAIN ROAD	SHESHADRIPURAM	8050078710
40	M	B + Ve	ROHIT SHARMA	#41 SNDEEP MANSION C T STREET	J M ROAD CROSS	9538522328
41	M	B + Ve	DINESH S	#V40 PIPELINE 7TH CROSS	MALLESHWARAM	7090159611
42	M	B + Ve	SHAKTHI M	#1/6 CHOLUR PALYA 7TH CROSS	MAGADI MAIN ROAD	6362279463
43	M	B + Ve	GOPALA	#9 13TH CROSS CHORAPALYA MAGADI ROAD		9008467177
44	M	B + Ve	KOUSHIK C	#38 8TH CROSS 1ST MAIN ROAD CHOLARAPALYA		9591254256
45	M	B + Ve	NAVEEN PRASANTH	NO 40/2-30 1ST CROSS ADARSH NAGAR K B SUNDRA	JAKKUR	7338649700

Wednesday, January 5, 2022

Page 3 of 9

Technician : _____

Signature : _____

B.B.M.O :

PRINCIPALSignature
Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.

KARNATAKA RED CROSS BLOOD CENTRE

(A Unit of Indian Red Cross Society)

Karnataka State Branch

Lic. No : KTK / 28C / 187 / 2006

NAME OF THE ORGANIZATION : 28/12/2021 S J R COLLEGE ANANDRAO CERCAL

NAME OF THE ORGANIZER :

CAMP NO : 526

CAMP DATE : 28/12/2021

SR	M/F	Group	Donor Name	Address	City/Village	Mobile No
46	M	B + Ve	GURUKIRAN J	11TH WARD DHARMARAYA SWAMY STREET ROAD VIJAYAPURA DEVANAHALLI TALUK		9353587873
47	M	B + Ve	SHASHIKIRAN C	#240 MAHADESHWARA NAGAR HERO HALLI CROSS		7624893206
48	M	B + Ve	KIRAN KUMAR K	SAI BABA TEMPLE ROAD NEXT TO PONDAN SCASFORDING	YELHANKA	7483223852
49	M	B + Ve	KISHORE K	#23 4TH MAIN ROAD VALLUVARAPURAM	MALLESHWARAM	7259220272
50	M	B + Ve	KIRAN D	#151 1ST CROSS 6TH BLOCK RAJAJINAGAR		9739127605
51	M	B + Ve	PAVAN KUMAR A	#226 2ND CROSS KANTEERAVA NAGAR	NANDINI LAYOUT	9741210343
52	M	B + Ve	AMOGH H S	#50/1 6TH MAIN 18TH CROSS	MALLESHWARAM	8970714067
53	M	B + Ve	BHARATH KUMAR P	APPASANDRA	NARASAPURA	7337787253
54	F	B + Ve	SHYLAJA DEVI	#892 1ST FLOOR	SRINIVAS NAGAR	9731563967
55	M	B + Ve	VIJAY ANAND H	#866 NEAR MANDIRA ROAD	KODIGEHALI	9108899823
56	M	B + Ve	ABHISHEK A	#40 6TH MAIN 4TH CROSS	GANDHI NAGAR	9742337579
57	M	B + Ve	DEEPAK S	#54 1ST MAIN 3RD CROSS NANJAPPA LAYOUT	ADUGODI	7338410448
58	M	B + Ve	HARSHAVARDHAN N L			9380190058
59	M	B + Ve	MANOJ KUMAR K C	BANALORE		9353387939
60	M	B + Ve	SUMUKH K B	#337 S L LAYOUT ABBIGERE	CHIKKABANAVARA	9035068435

Wednesday, January 5, 2022

Technician : _____

Signature : _____

[Signature]
Programme Officer
Youth Red Cross Wing
Sri Jagadguru Renukacharya College
of Science, Arts and Commerce
9, Race Course Road, Bengaluru-560009

B.B.M.O. : *[Signature]*
PRINCIPAL
Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.

Page 4 of 9

KARNATAKA RED CROSS BLOOD CENTRE

(A Unit of Indian Red Cross Society)

Karnataka State Branch

Lic. No : KTK / 28C / 187 / 2006

NAME OF THE ORGANIZATION :

28/12/2021 S J R COLLEGE ANANDRAO CERCAL

CAMP NO : 526

NAME OF THE ORGANIZER :

CAMP DATE : 28/12/2021

SR	M/F	Group	Donor Name	Address	City/Village	Mobile No
61	M	B + Ve	SHREYAS DEVADIGA	#45/7 2ND MAIN 2ND CROSS BRINDAVAN LAYOUT GOWDANPALYA	PADMANABHA NAGAR	8147879560
62	M	B + Ve	PRASHANTH KUMAR K N	#316/30 BEHIND PAITH HOSPITAL	PRASHANTH NAGAR	8861983424
63	M	B + Ve	BALAJI NAIK B A	GOVT BOYS SCIENCE HOSTEL TRINITY CIRCLE	M G ROAD	8792714887
64	M	B + Ve	MANOJ L	#20/11 20TH CROSS MAGADI ROAD	K P AGRAHARA	7483586443
65	M	B + Ve	AKASH K	#235 LAKSHMANA PURI	GANDHI NAGAR	9739289570
66	M	B + Ve	R PRASHANTH	#870 TYPE 2 GC.CRPF	YELAHANKA	8296253151
67	M	B + Ve	SANGAMESH ASHOK MAHAJANASHETTI	POLICE QUATRES NANDI LAYOUT	KRISHNA NAGAR	7019787424
68	M	B + Ve	MANISH KUMAR S	#45 5TH CROSS DAYANANDA NAGAR	SRIRAMPURAM	7022418798
69	M	B + Ve	DARSHAN S	#28 1ST CROSS MAGADI ROAD	ASHWATH NAGAR	9113803696
70	M	B + Ve	NITHIN GOWDA B S	#218/2 1ST CROSS 1ST MAIN ROAD	T DASAHARAHALLI	9513668148
71	M	B Neg	ADITHYA R RAGHAVENDRA	#18/19-3 4TH MAIN 1ST CROSS NANJAPPA LAYOUT	ADUGODI	9606514477
72	M	O + Ve	SHASHANK S	#25/5-4 6TH MAIN 20TH CROSS MAGADI ROAD	K P AGRAHARA	8296699965
73	M	O + Ve	SARVESH ANGADI	MANUVANA	VIJAYANAGAR	9686565077
74	M	O + Ve	AKASH M	#20 JCW NAGAR	SHESHADRIPURAM	9353751426
75	M	O + Ve	RAVI SHANKAR H	#86 9TH MAIN GANESHA BLOCK	NANDINI LAYOUT	9113959618

Wednesday, January 5, 2022

Page 5 of 9

Technician : _____

Signature : _____

B.B.M.O. **PRINCIPAL**
Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.

KARNATAKA RED CROSS BLOOD CENTRE

(A Unit of Indian Red Cross Society)

Karnataka State Branch

Lic. No : KTK / 28C / 187 / 2006

NAME OF THE ORGANIZATION :

28/12/2021 S J R COLLEGE ANANDRAO CERCAL

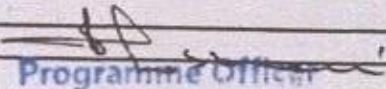
CAMP NO : 526

NAME OF THE ORGANIZER :

CAMP DATE : 28/12/2021

SR	M/F	Group	Donor Name	Address	City/Village	Mobile No
76	M	O + Ve	KUMAR V	#63/5 8TH CROSS ARUNDHATI NAGAR	SRIRAMPURAM	8317318949
77	M	O + Ve	HANUMANTHA N	#26 ANJANADRI NILAYA CHIKKABIDARAKALLU	NAGASANDRA	8618433298
78	M	O + Ve	DUDDERANDA SUDEEP	#401 SRINAGAR STATION BACK 7TH WARD	DODDABALLAPURA	8977936830
79	M	O + Ve	PRAVEEN S R	#110 4TH MAIN DWARAKANAGAR	CHIKKABANAVARA	8970899052
80	M	O + Ve	RAJESH GOWDA G	#4188/2 E BLOCK 2ND STAGE SUBRAMANYA NAGAR	RAJAJINAGAR	9986714772
81	M	O + Ve	NAWAZ BASHA	J # 53 1ST MAIN ROAD SRIRAMPURAM	RAJAJINAGAR	9844374973
82	M	O + Ve	DEEPASHREE B R	#238/1 SHUBHASHREE MUNESHWARA TEMPLE STREET	JAKKUR	9108272320
83	M	O + Ve	RANJITH R	#89 7TH CROSS 7TH MAIN AMBEDAKAR NAGAR	SRIRAMPURAM	8296120064
84	M	O + Ve	HARISH KUMAR E	# B2 7TH CROSS 7TH B MAIN SRIRAM PURAM	YELHANKA	8050910540
85	M	O + Ve	DEEPAK M	#20 2ND CROSS CHAMUNDI NAGAR	R T NAGAR	9790238225
86	M	O + Ve	SOMASHEKAR N	#24 1ST MAIN R K NAGAR		7899244683
87	M	O + Ve	MOHAN V	#201 3RD MAIN 9TH CROSS K P AGRAHARA BHUVESHWANARI NAGAR		9113650080
88	M	O + Ve	KARISHMA V	DWARAKANAGAR CHIKKABANAWARA		9482297739
89	M	O + Ve	DIVYA R	HOSA ROAD ELECTRONIC CITY		9945290061
90	M	O + Ve	VINAY M KHATRI	#1/2 B BLOCK 7TH CROSS	MAGADI ROAD	8867580006

Wednesday, January 5, 2022


Programme Officer

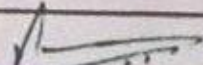
Youth Red Cross Wing

Sri Jagadguru Renukacherya College
of Science, Arts and Commerce
2 Face Course Road, Bengaluru-560009

Technician _____

Signature _____

Page 6 of 9


B.B.M.O. PRINCIPAL
Sri Jagadguru Renukacherya College
of Science, Arts & Commerce
Bengaluru-560 009.

KARNATAKA RED CROSS BLOOD CENTRE

(A Unit of Indian Red Cross Society)

Karnataka State Branch

Lic. No : KTK / 28C / 187 / 2006

NAME OF THE ORGANIZATION :

28/12/2021 S J R COLLEGE ANANDRAO CERCAL

CAMP NO : 526

NAME OF THE ORGANIZER :

CAMP DATE : 28/12/2021

SR	M/F	Group	Donor Name	Address	City/Village	Mobile No
91	M	O + Ve	SRINIVAS S	#43 2ND MAIN	LAGGERE	9353891186
92	M	O + Ve	KESHAVA P	#5 6TH CROSS 2ND MAIN JABBAR BLOCK	VAYALIKAVAL	7619528078
93	M	O + Ve	NARAHARI D R	#64 3RD MAIN 3RD CROSS PIPELINE ROAD	KURUBHARAHALLI	6363111863
94	M	O + Ve	RANJITH KUMAR A	#621 1ST CROSS 9TH MAIN OPP SAGA COMFORTS	PRAKASH NAGAR	9019825871
95	M	O + Ve	SHASHANK N K	#G6 3RD CROSS KIADB QUATRES TVS CROSS	PEENYA	7338041765
96	M	O + Ve	PUNEETH M	#64 1ST MAIN	J C NAGAR	8722947228
97	M	O + Ve	KIRAN N	#19/1 4TH CROSS	MAGADI ROAD	9731238608
98	M	O + Ve	HARISH R	#131 3RD CROSS MYSORE ROAD	ANANDPURAM	9972091212
99	M	O + Ve	SAI KIRAN R	DODDABALLAPURA RAILWAY STATION	DODDBALLAPURA	9008381605
100	M	O + Ve	THARUN SRINIVAS	#97 5TH CROSS HVR LAYOUT	K R PURAM	9686427521
101	M	O + Ve	V PAVAN KUMAR REDDY	#49 3RD CROSS 5TH MAIN	MATHIKERE	8050499383
102	F	O + Ve	HARSHITHA R	#161/1 5TH CROSS 5TH MAIN MANORAYANA PALYA	R T NAGAR	9886437459
103	M	O + Ve	NITHESH KANNAN V	S J R COLLEGE ANAND RAO CIRCLE	RACE COURSE ROAD	6361217330
104	M	O + Ve	DINESH KUMAR S	#25/2 8TH CROSS	MAGADI ROAD	9964821494
105	M	O + Ve	JEEVA R	#10/2 8TH CROSS C BLOCK	MAGADI ROAD	7338077506

Wednesday, January 5, 2022

Page 7 of 9

Technician : _____

Signature : _____

[Signature]
Programme Officer
Youth Red Cross Wing
Sri Jagadguru Renukacharya College
of Science, Arts and Commerce
9, Race Course Road, Bengaluru-560009.

B.B.M.O. : _____

Signature : _____

[Signature]
PRINCIPAL

Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.

KARNATAKA RED CROSS BLOOD CENTRE

(A Unit of Indian Red Cross Society)

Karnataka State Branch

Lic. No : KTK / 28C / 187 / 2006

NAME OF THE ORGANIZATION :

28/12/2021 S J R COLLEGE ANANDRAO CERCAL

CAMP NO : 526

NAME OF THE ORGANIZER :

CAMP DATE : 28/12/2021

SR	M/F	Group	Donor Name	Address	City/Village	Mobile No
106	M	O + Ve	SHREYAS S N	SADAHALLI	DEVANAHALLI	9148715468
107	M	O + Ve	SHASHANK RAJU A	# 24/9 D C A COMPLEX CAMBRIDGE LAYOUT	HALASURU	8147280227
108	M	O + Ve	RANJITH S	#03 1ST CROSS BEHIND GANESHA TEMPLE	CHOLUR PALYA	9513293538
109	M	O + Ve	NAVEEN K	#20 6TH CROSS PIPELINE ROAD	VIJAYANAGAR	9886802687
110	M	O + Ve	ABISHEK MOHANTY	#13 4TH CROSS ANNASANDRA PALYA HAL POST	VIGNANAPURA	7676106648
111	M	O + Ve	N SHREEJAY	#130/F66 ESHWARI MANSION	AVENUE ROAD	9342109399
112	M	O + Ve	KISHORE KUMAR M	#12-22 1ST MAIN 1ST CROSS SWATHANRA PALYA	SRIRAMPURAM	7795817041
113	M	O + Ve	S K PRAJWAL	#19/1 4TH MAIN 9TH CROSS MAGADI ROAD	K P AGRAHARA	6363051522
114	M	O + Ve	PRASHANTH P	#134 3RD CROSS BHASHYAM NAGAR	SRIRAMPURAM	9108954373
115	M	O + Ve	NAVEEN S	#1587/2 NEW POLICE STATION ROAD	K R PURAM	9355217455
116	M	O + Ve	VISAKH VIJAYAN	#27 4TH CROSS MUNESHWARA LAYOUT	R T NAGAR	7829860974
117	M	O + Ve	PRAJWAL H R	#203 LINK ROAD	SHESHADRIPURAM	8618146476
118	M	O + Ve	AJAY KUMAR N	#118 JAKKARAYANAKERE NEAR WATER TANK	SHESHADRIPURAM	9066068692
119	M	O + Ve	BHUVAN KUMAR T N	#5 5TH CROSS NAGARABHAVI MAIN ROAD	ANUBHAVA NAGAR	9148463102
120	M	O + Ve	DARSHAN C R	#567 3RD CROSS	KARCHAKANAHALLI	9353107349

Wednesday, January 5, 2022

Page 8 of 9

Technician : _____

Signature : _____

B.B.M.O. **PRINCIPAL**
Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.

KARNATAKA RED CROSS BLOOD CENTRE

(A Unit of Indian Red Cross Society)

Karnataka State Branch

Lic. No : KTK / 28C / 187 / 2006

NAME OF THE ORGANIZATION : 28/12/2021 S J R COLLEGE ANANDRAO CERCAL

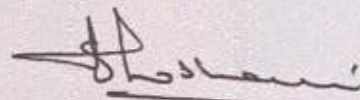
NAME OF THE ORGANIZER :

CAMP NO : 526

CAMP DATE : 28/12/2021

SR	M/F	Group	Donor Name	Address	City/Village	Mobile No
121	M	O + Ve	DILIP S	#3/3 7TH CROSS NEAR YELLAMMA TEMPLE	MAGADI ROAD	8150031189
122	M	O + Ve	MANIKANTA S	#24/1 3RD MAIN	MARIYAPPANA PALY	7337822314
123	M	O + Ve	VARUN A S	#64 3RD MAIN 3RD CROSS KRISHNANANDA NAGAR	NANDANI LAYOUT	8088043944
124	M	O + Ve	SHREYAS BHOBDE B	#12 4TH CROSS RAHAMATH NAGAR	R T NAGAR	8971756918
125	M	O + Ve	DHANANJAY B	#7/1 29TH CROSS 2ND MAIN	KILARI ROAD	7337809964
126	F	O + Ve	ROHINI S	S J R COLLEGE	ANANDRAO CIRCLE	9108416665
127	M	O + Ve	S KANTHARAJ	S J R COLLEGE	ANANDRAO CIRCLE	9448510540
128	M	O Neg	ALEXANDER A	#24 A BLOCK JAKKARAYANAKERE	SHESHADRIPURAM	7829347180
129	M	O Neg	MAHESH N	#58 1ST MAIN 3RD CROSS J C NAGAR	KURUBHARAHALLI	8088315683

Total collection of camp 28/12/2021 S J R COLLEGE ANANDRAO CERCAL : 129

**Programme Officer****Youth Red Cross Wing**

Sri Jagadguru Renukadevi College

of Science, Arts and Commerce

9, Race Course Road, Bengaluru-560005.

**PRINCIPAL**

Sri Jagadguru Renukadevi College

of Science, Arts & Commerce

Bengaluru-560 009.

Wednesday, January 5, 2022

Technician : _____

Signature : _____

B.B.M.O : _____

Signature : _____



OSJR

Sri Jagadguru Renukacharya Education Society™

ಎಸ್. ಜೆ. ಆರ್. ವಿಜ್ಞಾನ, ಕಲಾ ಮತ್ತು ವಾಣಿಜ್ಯ ಮಹಾವಿದ್ಯಾಲಯ
College of Science, Arts & Commerce

Affiliated to Bangalore Central University &

NAAC Accredited Institution, College with Potential for Excellence (CPE)

9, Race Course Road, near Ananda Rao Circle, Bengaluru-560 009.

Phone: 080-22264952, E-mail: principal@sjrc.edu.in Website: www.sjrc.org.in

Youth Red Cross Wing 2021-22

23-04-2022

Circular

All the advisory committee members are requested to attend the meeting in the Room No.201 on Monday, 25-04-2022 at 2:30 pm.

Agenda:

1. Awareness programme on Health and Hygiene
2. Free Health checkup

Sl. No.	Name	Department	Designation	Signature
1	Ms. Dakshayani S S Assistant Professor	Zoology	Member	
2	Mr. Satisha G C Assistant Professor	Kannada	Member	
3	Ms. Reshma B Assistant Professor	Commerce	Member	
4	Mr. Kanthareddy C Physical Education Director	Physical Education Department	Member	
5	Ms. Swetha J	I B.Com.	Student Member	
6	Ms. Dakshayani S	I B.Com.	Student Member	

Shobha Rani R
Programme Officer
Youth Red Cross Wing
Sri Jagadguru Renukacharya College
of Science, Arts and Commerce
9, Race Course Road, Bengaluru-560009.

PRINCIPAL
Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.



SJR

Sri Jagadguru Renukacharya Education Society™

ಎಸ್. ಜೆ. ಆರ್. ವಿಜ್ಞಾನ, ಕಲಾ ಮತ್ತು ವಾಣಿಜ್ಯ ಮಹಾವಿದ್ಯಾಲಯ
College of Science, Arts & Commerce

Affiliated to Bangalore Central University &

NAAC Accredited Institution, College with Potential for Excellence (CPE)

9, Race Course Road, near Ananda Rao Circle, Bengaluru-560 009.

Phone: 080-22264952, E-mail: principal@sjrc.edu.in Website: www.sjrc.org.in

Youth Red Cross Wing 2021-22

Date: 25-04-2022

Time: 2:30 pm

Venue: Room No.201

Agenda:

1. Awareness programme on Health and Hygiene
2. Free Health checkup

Members attended

Sl. No.	Name	Designation	Signature
1	Ms. Dakshayani S S	Member	
2	Mr. Satisha G C	Member	
3	Ms. Reshma B	Member	
4	Mr. Kanthareddy C	Member	
5	Ms. Swetha J	Student Member	
6	Ms. Dakshayani S	Student Member	

Minutes:

- To conduct awareness programme on Health & Hygiene on 27-04-2022 and Health awareness programme and Free health check up camp at Government school, Suradhenupura village, Arakere Village Panchayat, Yelahanka Taluk.
- In the meeting it was decided to invite Dr. Usha Medical Officer, Mr. Narahari, Senior Health Inspector, Mrs. Jyothi Community Health Officer, Marasndra Sub-center, Sonnenahalli, for health checkup camp.

Shobha Rani R
Programme Officer

Youth Red Cross Wing

Sri Jagadguru Renukacharya College
of Science, Arts and Commerce

9, Race Course Road, Bengaluru-560009.

Principal

PRINCIPAL

Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.



**SRI JAGADGURU RENUKACHARYA COLLEGE
OF SCIENCE, ARTS AND COMMERCE**
#9, Race Course Road, Bangalore - 560 009

YOUTH RED CROSS WING 2021-2022

Free Health Check-Up and Health Awareness Program

Name of the Event: Free Health Check-Up and Health Awareness Program

Topic: Lifestyle Diseases, Mental Stress and Health and

Hygiene
Date of Event: 29.04.2022.

Timings: 10.30 a.m.- 3.00 p.m.

Venue: Government School, Suradhenupura Village, Arakere Village Panchayat, Yelahanka

Resource Person: Dr. Usha Medical Officer, Marasandra Sub- center Sonnenahalli

PHC Mr. Narahari, Senior health inspecting officer, Marasandra Sub- center

Sonnenahalli PHC Mrs. Jyothi Community Health Officer, Marasandra Sub- center

Sonnenahalli PHC **Program Coordinator:** Shobha Rani R, Youth Red Cross

Programme Officer

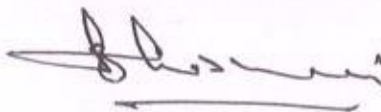
Objectives :

- To inform and educate the mass about their mental stress, and need for Vaccination
- To provide free health check up and medicines to the local people of the village




Youth Red Cross Wing organized a one-day free medical camp for the benefit of the public in Suradhenupura Village, Arakere Village Panchayat, Yelahanka on 29th April 2022 (Friday). The medical camp was conducted at Government Primary school in Suradhenupura. The team of doctors arrived at the location at 10.30 am and the camp was inaugurated with a welcome speech. Many villagers participated in the camp thanks to the wide publicity by volunteers. In total, 51 villagers attended the medical camp and were benefitted. The YRC also arranged for free Blood Sugar Level and Blood Pressure tests which were useful for many villagers. Nearly 51 people have undergone their general health check-ups and 06 people were benefitted with covid booster vaccination [above 60 years]. After the checks up, many people benefitted with the medicines, provided free of cost. Few of the patients were referred by the doctors for further treatment at Government Hospital of Suradhenupura. The volunteers played a vital role in making this camp successful with their dedication in serving people. They directed people in all needy ways.


OUTCOME:

After the check ups, many people were benefitted with the medicines, provided free of cost. Few of the patients were referred by the doctors for further treatment at Government Hospital Suradhenupura. They were also informed on how to integrate and maintain hygiene their lifestyle. In addition, people present there are also spurred to boost up their daily nutrition intake.


Convenor


PRINCIPAL
Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.






**SRI JAGADGURU RENUKACHARYA COLLEGE OF
SCIENCE, ARTS & COMMERCE**
 (Affiliated to Bengaluru City University) 
 #9 Race Course Road, Bengaluru - 560009
 A NAAC accredited Institution

YOUTH RED CROSS WING
Health Awareness Program



On 29th April 2022 @11am
 Venue: Suradhenuapura Village, Arakere Village Panchayat,
 Yelahanka Taluk.

"Health is the greatest gift, contentment the greatest
 wealth, faithfulness the best relationship."




SHOBHA RANI R
 Programme Officer
 Youth Red Cross Wing

Lt. Dr. S. KANTHRAJU
 Principal


**SRI JAGADGURU RENUKACHARYA COLLEGE FOR
SCIENCE, ARTS AND COMMERCE**
 (Affiliated to Bengaluru City University)
 #No 9 Race Course Road, Bengaluru- 5600-09
 A NAAC accredited Institution 

FREE HEALTH CHECK-UP CAMP

FACILITIES AVAILABLE
 RANDOM BLOOD SUGAR TEST
 BLOOD PRESSURE CHECK
 NUTRITIONAL CHECK
 WEIGHT CHECK
 WEIGHT LOSS ADVICE
 FREE CONSULTATION



FREE MEDICINE
 DATE: 29.04.2022 [FRIDAY]
 TIME: 10.30 A.M-4.00 P.M
 VENUE: GOVERNMENT SCHOOL, SURADHENUPURA VILLAGE,
 ARAKERE VILLAGE PANCHAYAT. YELAHANKA
 CONTACT PERSON: SHOBHA RANI R
 7259807906/6361691327



Dr. Usha Medical Officer, Marasandra Sub- center Sonnenahalli PHC. Addressing the gathering about "Lifestyle Diseases and tips for a healthy lifestyle".





PRINCIPAL
 Sri Jagadguru Renukacharya College
 of Science, Arts & Commerce
 Bengaluru-560 009.



ESTD : 1945

SJR

Sri Jagadguru Renukacharya Education Society[®]

ಎಸ್. ಜೆ. ಆರ್. ವಿಜ್ಞಾನ, ಕಲಾ ಮತ್ತು ವಾಣಿಜ್ಯ ಮಹಾವಿದ್ಯಾಲಯ
College of Science, Arts & Commerce

Affiliated to Bangalore Central University &

NAAC Accredited Institution, College with Potential for Excellence (CPE)

9, Race Course Road, near Ananda Rao Circle, Bengaluru-560 009.

Phone: 080-22264952, E-mail: principal@sjrc.edu.in Website: www.sjrc.org.in

Youth Red Cross Wing

2021-22

26-07-2022

Circular

All the advisory committee members are requested to attend the meeting in the Room No. 201 on Friday, 29-07-2022 at 1:30 pm.

Agenda:

1. One to one session on "Healthy Life Style management and Eating habits" and "Women Health & Personal Hygiene"
2. Free General Health Check-up camp.

Sl. No.	Name	Department	Designation	Signature
1	Ms. Dakshayani S S Assistant Professor	Zoology	Member	
2	Mr. Satisha G C Assistant Professor	Kannada	Member	
3	Ms. Reshma B Assistant Professor	Commerce	Member	
4	Mr. Kanthareddy C Physical Education Director	Physical Education Department	Member	
5	Ms. Swetha J	I B.Com.	Student Member	
6	Ms. Dakshayani S	I B.Com.	Student Member	

Shobha Rani R

Programme Officer

Youth Red Cross Wing

Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
9, Race Course Road, Bengaluru-560009.

Principal

PRINCIPAL

**Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.**



ESTD : 1945

OSJR

Sri Jagadguru Renukacharya Education Society™

ಎಸ್. ಜೆ. ಆರ್. ವಿಜ್ಞಾನ, ಕಲಾ ಮತ್ತು ವಾಣಿಜ್ಯ ಮಹಾವಿದ್ಯಾಲಯ

College of Science, Arts & Commerce

Affiliated to Bangalore Central University &

NAAC Accredited Institution, College with Potential for Excellence (CPE)

9, Race Course Road, near Ananda Rao Circle, Bengaluru-560 009.

Phone: 080-22264952, E-mail: principal@sjrc.edu.in Website: www.sjrc.org.in

Youth Red Cross Wing

2021-22

Date: 29-07-2022

Time: 2:30 pm

Venue: Room No.201

Agenda:

1. One to one session on "Healthy Life Style management and Eating habits" and "Women Health & Personal Hygiene"
2. Free General Health Check-up camp.

Members attended

Sl. No.	Name	Designation	Signature
1	Ms. Dakshayani S S	Member	Dakshayani S S
2	Mr. Satisha G C	Member	Satisha G C
3	Ms. Reshma B	Member	Reshma - B
4	Mr. Kanthareddy C	Member	Kanthareddy - C
5	Ms. Swetha J	Student Member	Swetha J
6	Ms. Dakshayani S	Student Member	Dakshayani S

Minutes:

- To conduct one-to-one session on "Healthy life style management and eating habits" and "Women Health and Personal Hygiene" on 01-08-2022 at Moot Court.
- Decided to invite Dr. Savitha Shetty consultant Obstetrician Gynecologist. Apollo Hospital and Smt. Susan N.B., clinical dietician Apollo hospital.
- To conduct Free General Health Camp, (B. Subar, BMI, Dental Screening Eye Screening) on 02-08-2022 at Reference hall in association with Apollo Hospital, Sheshadripuram, Bangalore.
- Decided in the meeting to provide Refreshments to medical staff and students volunteers.

Shobha Rani R

Programme Officer

Youth Red Cross Wing

Sri Jagadguru Renukacharya College

of Science, Arts and Commerce

9, Race Course Road, Bengaluru-560 009.

Principal

PRINCIPAL

Sri Jagadguru Renukacharya College

of Science, Arts & Commerce

Bengaluru-560 009,



Sri Jagadguru Renukacharya College of Science, Arts and Commerce

Affiliated to Bengaluru City University, A NAAC Accredited Institution
#9, Race Course Road, Bengaluru – 560 009

+ **Youth Red Cross Wing** +
&
Women Empowerment Cell

Organize

Health Awareness Programme & Health Camp

On 01-08-2022, Monday. Time: 01:30 pm to 03:30 pm. Venue: Moot Court.

Women Health and Personal Hygiene

by

Dr. Savitha Shetty

Consultant Obstetrician Gynecologist, Apollo Hospitals, Sheshadripuram

And

Healthy Life Style Management and Eating Habits

by

Ms. Susan Sanam N.B.

Clinical Dietician, Apollo Hospitals, Sheshadripuram

On 02-08-2022, Tuesday. Time: 10:30 am to 03:00 pm. Venue: Library Reference Hall.

Health Camp

In association with Apollo Hospitals, Sheshadripuram

All are cordially invited

Ms. Sujatha M. Naik

Convener, Women Empowerment Cell

Ms. Shobha Rani R.

Programe Officer, YRC

Lt. Dr. S. Kantharaju

Principal



**SRI JAGADGURU RENUKACHARYA COLLEGE
OF SCIENCE, ARTS AND COMMERCE
#9, Race Course Road, Bangalore - 560 009**

YOUTH RED CROSS WING 2021-2022

One to One session on 'Healthy Lifestyle Management and Eating habits' & 'Women Health and Personal Hygiene',

Title of the event: One to One session on 'Healthy Lifestyle Management and Eating habits' & 'Women Health and Personal Hygiene'.

Date: 01/08/2022

Time: 1:30 p.m.

Resource Person: Dr. Savitha Shetty, Consultant Obstetrician Gynecologist & Ms. Susan N.B., Clinical Dietician, Apollo Hospital, Bengaluru.

Beneficiaries: 50 Participants

Youth Red Cross Wing had organized Health Awareness Programme on **01-08-2022** at Moot Court from 1.30 pm to 3.30 p.m. The programme began with an invocation song, which was followed by Welcome Speech by Ms. Mamatha. Assistant professor, Department of Management. Ms. Shobha Rani R, YRC Programme Officer introduced the guest.


Dr. Savitha Shetty oriented the students and faculty on menstrual hygienic practices such as use of sanitary napkins, washing and cleaning, how to dispose sanitary napkins etc., followed by precautions to be taken during the period and dietary habits so as to enable us to lead a healthy life. She said that menstrual hygiene is essential to the well-being and empowerment of women and adolescent girls. She further advised the women faculty the importance of knowing about breast cancer, its warning signs, symptoms, prevention, and diagnosis and she briefed about the self – breast examination.

The session was informative and interactive. The interaction session was followed by an effective PPT presentation by Ms. Susan N.B., Clinical Dietician, Apollo Hospital, Sheshadripuram on the topic, '**Healthy life style management and eating habits**'

Principal made the Presidential remark. The programme ended with vote of thanks by Ms. Shubha B.G., Department of Computer Science. The programme was coordinated by Ms. Shobha Rani R., Programme Officer, Youth Red Cross Wing.

PRINCIPAL

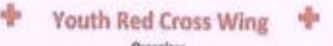
**Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.**



Sri Jagadguru Renukacharya College of Science, Arts and Commerce

 Affiliated to Bangalore University, ABAAC Accredited Institution

 PC No. 100/2012/Bangalore-560009



Youth Red Cross Wing

Organizes

Health Awareness Programme

 On

Women Health and Personal Hygiene

 by

Dr. Savitha Shetty

 Consultant Obstetrician Gynaecologist, Apollo Hospital, Shreeadhikara

And

Healthy Life Style Management and Eating Habits

 by

Ms. Susan Sanam N.B.

 Clinical Dietician, Apollo Hospital, Shreeadhikara

Date: **01-08-2022 Monday, Time: 01:30 pm to 03:30 pm**

 Venue: **MSU Hall**

All are cordially invited

Ms. Shobha Rani B. Registrar
 Dr. S. Kantharaju In-charge



Shobha Rani B.

Shobha Rani. B

Convener

Lt. Dr. S Kantharaju

Lt. Dr. S Kantharaju

PRINCIPAL

Sri Jagadguru Renukacharya College

of Science, Arts & Commerce

Bengaluru-560 009.



**SRI JAGADGURU RENUKACHARYA COLLEGE
OF SCIENCE, ARTS AND COMMERCE**
#9, Race Course Road, Bangalore - 560 009

YOUTH RED CROSS WING 2021-2022

FREE GENERAL HEALTH CHECK-UP CAMP 2021-2022

Name of the activity: Free General Health Screening Camp

Date of activity: 02.08.2022

Name of the committee: Youth Red Cross Wing

Name of the Association: Apollo Hospitals, Sheshadripuram Bengaluru

Place of the activity: SJR College of Science, Arts and Commerce, Reference hall.

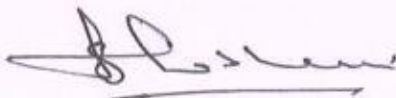
Participation: 151 Students

Objectives:

1. A free medical camp can be considered as a lifesaving programme that aims to provide free and quality medical services.
2. Educate to become healthier and facilitate to live healthy.
3. Inherit the habit of health check-up for early detection and prevention of diseases.

Youth Red Cross Wing of our college conducted a Free General Health Screening Camp, in association with Apollo Hospitals, Sheshadripuram, Bengaluru on 02.08.2022, Tuesday at 09.30 a.m. The camp was inaugurated by Dr.Bharath. The camp was commenced by garlanding the Lord Renukacharya. A team of 14 doctors and assistant staff members from Apollo Hospitals including one physician, one Dentist and one ophthalmologist arrived to the college at 09.00 a.m.

Free physical examination along with free blood sugar, blood pressure, eye test were provided. Apollo Hospital also provided 50% discount on remaining other diagnosis tests in their hospitals. There was an overwhelming response from students and faculty. Approximately 250 staff members and students from all the branches of the institute came for the health check-up. Camp was successfully organised under the guidance of Dr.Kantharaju principal SJRC.Camp was coordinated by Shobha Rani R YRC Programme Officer.


Convenor


PRINCIPAL
Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bangaluru-560 009.







**SRI JAGADGURU RENUKACHARYA COLLEGE
OF SCIENCE, ARTS AND COMMERCE**
Affiliated to Bengaluru City University, A NAAC Accredited Institution
#5, Hosa Cross Road, Bengaluru - 560 009

+ Youth Red Cross Wing +

Organizes

FREE HEALTH CHECK - UP CAMP

Health Checkup Services :

- * BP, Sugar, BMI
- * Dental Screening
- * Eye Screening





Date: **02-08-2022, Tuesday, Timings: 10:30am to 03:00pm**
 Venue: **Library Reference Hall,**
in association with Apollo Hospitals, Bengaluru

All are Cordially Invited

Ms. Shobha Rani R **Dr. S. Kantharaju**
Programme officer Principal


PRINCIPAL
Sri Jagadguru Renukacharya College
of Science, Arts & Commerce
Bengaluru-560 009.